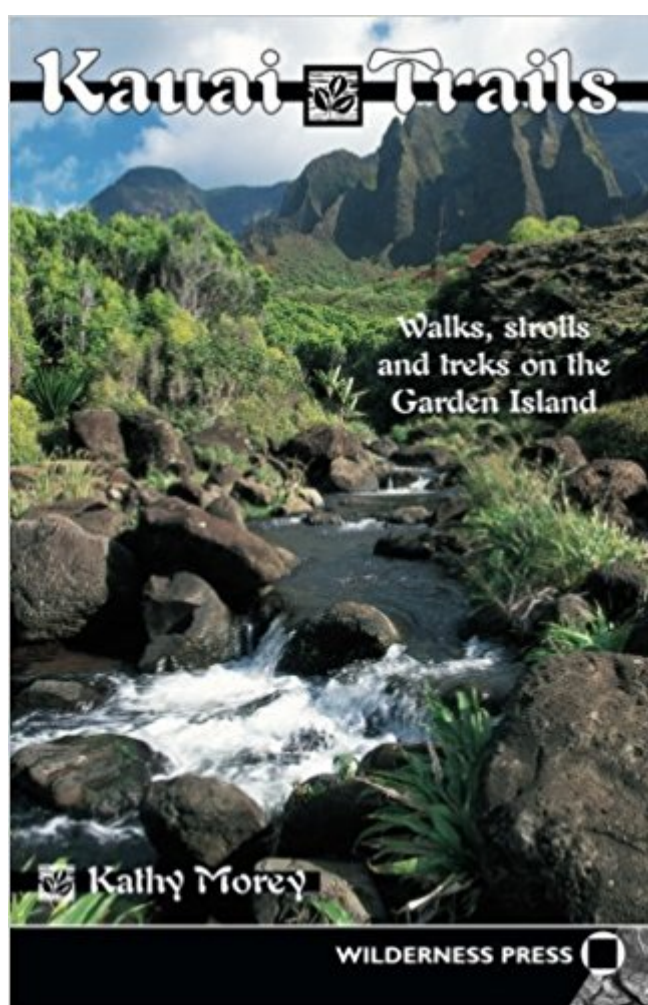


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# Kauai Trails: Walks Strolls And Treks On The Garden Island (Kauai Trails: Walks, Strolls & Treks On The Garden Island)



## Synopsis

From enchanted Hanelei Bay to the rainbows of Waimea Canyon, from Wailua Falls to the sculptured NaPali Coast, Kaua'i has an unmatched landscape and miles of trails for hikers and backpackers. This new edition details 59 hikes: you'll walk along steep cliffs above turquoise water, relax next to immense waterfalls, drink in the sweet scent of Kaua'i hibiscus, and stroll on beaches at sunrise.

## Book Information

Series: Kauai Trails: Walks, Strolls & Treks on the Garden Island

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Average Customer Review: 3.4 out of 5 stars 25 customer reviews

Best Sellers Rank: #459,293 in Books (See Top 100 in Books) #19 in [Books > Travel > United States > Hawaii > Kauai](#) #137 in [Books > Health, Fitness & Dieting > Exercise & Fitness > Walking](#) #1029 in [Books > Travel > United States > West > Pacific](#)

## Customer Reviews

This hike book is the worst one I have ever encountered and I have purchased dozens of hike books for many places over the years. I am not a novice hiker. The maps are bad. There are no elevation gradients. . Which is necessary in the up down up of many trails. The directions to the trailheads are pathetic. If you want to find a trailhead, why must you go to three or four other hikes to get there? In addition, the descriptions along the trails may be good for a seasoned Kauai hiker but not for a first time visitor. If you do not know the tree species what good does it do to tell me to "turn left at the Koa tree." I left my copy there should have just pitched it in the trash. . A monumental waste of time.

We barely used this one on our trip. It may be good for someone who wants to know specific info on the trails, but we used what we called the blue bible. Ultimate Kauai Guidebook. I think the format was poor and difficult to read while exhausted from our adventures.

Book is helpful and nicely laid out. Liked that it contained some walks along with moderate to Strenuous hikes. Some of the cultural comments are inappropriate and need to be excluded. Ordered for my kindle, and received with the wrong cover. Cover reads Long Trails of the Southeast. This book is Kaua'i Trails: Walks Strolls and Treks on the Garden Island.

We just returned from a vacation in Kauai and found this book very helpful. We're not hard core hikers but we like to stroll the beaches and wander down a path or two and this book was very helpful in determining which hikes were "at our level" or not. The author is right on with the assessments of levels of difficulty and time it took on the hikes we took.

A poor choice ;rambling with very confusing maps and directions.We have been to the island several times; the book does not reflect our experience.While we have no doubt the author is quite familiar with the trails, the clarity did not come through in the book.

A trail guide should do two things:1. Accurately describe, in detail, trails, access, condition, etc.2. Inspire the reader to hike said trailsKauai Trails: Walks, Strolls, and Treks on the Garden Island is mediocre when it comes to the first, and horrible when it comes to the second.The author seems to do her best to convince a hiker planning a trip to Kauai that (s)he should visit California instead. She rails on about garbage, introduced species, erosion, hippies, etc throughout the entire books. Let's keep it to one chapter, Kathy!Worst of all, she bashes the Kalalau Trail, discouraging any Kauai visitor from hiking it. Nevermind that it's ranked one of the best hikes on the planet. Nevermind that on every internet hiking forum, trip reports are invariably glowing. Nevermind that many people who live on Kauai or visit Kauai regularly think it's a DON'T MISS hike. Kathy says, "It's overrated. Don't bother."I'm sad that we don't have a guide to hiking the Garden Isle that's more positive and informative, better organized, with better maps...one that actually makes you think you'll have an enjoyable time hiking in paradise.Purchase this book only because it's the best one there is, not because it's good. I personally recommend The Ultimate Kauai Guidebook. While it doesn't go into as much detail on the trails, it's far more informative, positive, and better updated. Kathy's book lists many trails as CLOSED which aren't closer, or may be damaged but are still hikable.

Great Little book packed with detailed and very useful info. I should never get lost again hiking on Kauai. Mahalo.

This was one of two books we used while hiking Kauai. The description of floral and birds one might see on certain trails was extremely good. Since we are birders this was very beneficial. Excellent text and very detailed.

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